



# Scottish Community Diet Project

Guide to funding for community food projects

# S S R 2004



# U C 0 4

# Scottish Community Diet Project

Our over-riding aim is to improve Scotland's food and health.

We do this by supporting work within low-income communities that improves access to and take-up of a healthy diet. Major obstacles being addressed by community-based initiatives are:

**AVAILABILITY** – increasing access to fruit and vegetables of an acceptable quality and cost

**AFFORDABILITY** – tackling not only the cost of shopping but getting to shops

**SKILLS** – improving confidence and skills in cooking and shopping

**CULTURE** – overcoming ingrained habits.

We help support low income communities to

- identify barriers to a healthy balanced diet
- develop local responses to addressing them and
- highlight where actions at other levels, or in other sectors, are required.

We value the experience, understanding, skills and knowledge within Scotland's communities and their unique contribution to developing and delivering policy and practice at all levels.

**SOURCE 2004** brings together a wide range of funding opportunities for community food initiatives. Published by the Scottish Community Diet Project (SCDP), it is a useful resource for groups concerned with inequalities in diet and health. We hope you find it helpful.

## A first step

Funding bodies often review application deadlines, and criteria for funding can change. Source 2004 is, therefore, only a guide and while accurate at the time of printing, some details may change. It will help you take the first step in the process of contacting and applying to funders.

## Think broadly

Funding is about finding financial resources, but can also involve funding in kind such as donations of equipment, time, premises, advice and skills. Think broadly about the range of help you need, and target applications accordingly. If possible, speak informally to funders and support organisations about the full range of help they can offer, as this may be more than money. It is always worth putting yourself in a funder's shoes and asking yourself how you would respond to the information you intend supplying. Peer review can be a useful stage to include in the process of putting a funding application together. Peer review allows you to receive feedback in time to make changes before you submit your application. In addition to finding funds for action, such as starting new

pieces of work or the continuation of existing work, it is increasingly common to find funds for learning. Learning might involve reflection or evaluation of work already completed or fulfilling training or networking needs.

## Final thoughts

Finding funding is more art than science, and success rates improve with experience. It's a good idea to find someone to help and advise you prepare your first applications. Try contacting your local CVS (Council for Voluntary Services), Local Economic Development Agency or SIP (Social Inclusion Partnership). Alternatively, there may be a successful group in your area that could assist you. There are many books and online guides that will tell you how to put together a good application, (see page 16). Most importantly, contact potential funders to discuss your application before you submit it. Remember that they are as keen to receive well-prepared, creative applications as you are to receive funds from them. Lastly, always make sure that funding suits your purpose. Don't be tempted by funds that will distract you from your primary mission.

Good luck!

## Fare Choice

[www.dietproject.org.uk/newsletter](http://www.dietproject.org.uk/newsletter)

This is the free quarterly newsletter of the Scottish Community Diet Project. It provides a forum for community food groups to share news and ideas and highlights funding opportunities. To receive free quarterly copies of the newsletter call 0141 226 5261 or email: [info@scotconsumer.org.uk](mailto:info@scotconsumer.org.uk)

## How useful is this guide?

The Scottish Community Diet Project would like to know whether you found this guide useful. Please contact us at [info@scotconsumer.org.uk](mailto:info@scotconsumer.org.uk) with any comments, updates or other useful contacts for the next edition.



## Company giving

Companies want to know how they will benefit from giving. They are more likely to give to groups within their areas of operation or to groups with which their employees are associated. They tend to like projects that can be included in publicity material and so they are usually not very adventurous. That said, companies increasingly see the benefit of community involvement, and some are more geared to dealing with funding applications from community initiatives. It's a good idea to identify companies that have headquarters in your area, perhaps by contacting the local Rotary Club or Round Table. You may find that small businesses in your area are willing to assist you in kind, with small donations or by providing management advice. If you have a friend or relative working with a local company, ask them to help you make initial contact.

Some high-profile banks, building societies and former building societies, pharmaceutical companies, oil companies and supermarket chains run charitable trusts. These operate in a similar way to independent trusts. Some of the major ones are listed in this guide. (See *The Guide to UK Company Giving*, listed under *Resources*)

## Communities Scotland

[www.communitiesscotland.gov.uk](http://www.communitiesscotland.gov.uk)

Communities Scotland is a Scottish Executive agency. Its role is to work with others to regenerate disadvantaged communities and promote better housing. It aims to achieve this by working with and through other agencies, voluntary organisations and communities themselves. Communities Scotland co-ordinates a growing number of funds and initiatives including the **Scottish Community Action Research Fund** and the **Social Inclusion Partnerships**, both listed in this section. Other funds include:

**New Ideas Fund** provides grants of up to £10,000 to community and voluntary groups within disadvantaged areas to help them assess the feasibility of new ideas. These ideas will help to regenerate communities and develop support for innovative approaches to regeneration.

**Seeing is Believing** provides grants of between £50 and £5,000 to community and voluntary groups within disadvantaged areas to visit and learn from successful regeneration projects or access other learning opportunities.

## Dunfermline Building Society

01383 627791

[www.dunfermline-bs.co.uk](http://www.dunfermline-bs.co.uk)

[ken.dow@dunfermline-bs.co.uk](mailto:ken.dow@dunfermline-bs.co.uk)

Contact Ken Dow

Gives out grants once a year around February to groups working with Scottish children. Other project-based grants are dispersed on an on going basis. Applications should be in writing following an initial telephone call. No application form.

## Forward Scotland

0141 222 5600

[www.forward-scotland.org.uk](http://www.forward-scotland.org.uk)

[enquiries@forward-scotland.org.uk](mailto:enquiries@forward-scotland.org.uk)

Promotes sustainable development in Scotland, and manages grant schemes for a range of partners. Funding sources include the Scottish Executive; the New Opportunities Fund; and the Landfill Tax Credits Scheme. Most projects have a social and environmental focus. Programmes include:

**Small Grant Scheme:** up to £1,000 for constituted groups that wish to pursue an environmental project with wider social or economic benefits. Aims to support preparatory work for major projects such as feasibility studies, community capacity building, consultation exercises and publicity. See website for application form.

[michael.cunningham@forward-scotland.org.uk](mailto:michael.cunningham@forward-scotland.org.uk)

**Community Environmental Renewal Scheme (Aggregates Levy):** for projects that will address the environmental effects of past or present aggregates extraction, involve the local community, and have demonstrable social and/or economic benefit to the local community. See website for details.

**Fresh Futures 'Transforming your Space'**

See New Opportunities Fund entry in this section for details.

**Transforming Waste Scotland**

See New Opportunities Fund entry in this section for details.

### **Gannochy Trust**

**01738 620653**

Kincarrathie House Drive, Pitcullen Crescent,  
Perth, PH2 7HX

Funds Scottish projects in the areas of health, education, social welfare, recreation and arts. Grants up to £200,000 (but normally smaller amounts). Application by letter. Trustees meet monthly.

### **The Hugh Fraser Foundation**

**0131 228 8111**

Contact Heather Thompson

Favours projects which are well focused and which might not otherwise attract funding. Emphasis on the west of Scotland but will consider applications from other areas. Application by letter. Trustees meet quarterly. No website.

### **Lloyds TSB Foundation for Scotland**

**0870 902 1201**

**[www.ltsbfoundationforscotland.org.uk](http://www.ltsbfoundationforscotland.org.uk)**  
[enquiries@ltsbfoundationforscotland.org.uk](mailto:enquiries@ltsbfoundationforscotland.org.uk)

Funds recognised charities working in the areas of social and community needs; education and training; and scientific, social and medical research. No minimum or maximum limits on grants but they are typically around £8,000 to £10,000. Encourages potential applicants to meet with an assessor before applying.

### **New Opportunities Fund**

**0141 242 7800**

**[www.nof.org.uk](http://www.nof.org.uk)**

As well as giving funds directly to health boards, the New Opportunities Fund in Scotland funds environmental projects. Most of these are administered through partner organisations such as Highlands and Islands Enterprise which administers the Scottish Land Fund. In 2005, NOF will merge with the Community Fund. In the meantime, the following programmes are open for applications:

#### **Awards for All Small Grants Scheme**

**0870 240 2391**

**[www.awardsforall.org.uk](http://www.awardsforall.org.uk)**

[scotland@awardsforall.org.uk](mailto:scotland@awardsforall.org.uk)

Contact Karen McGregor

Specifically designed for small community groups with an annual income of under £20,000. Funds activities that bring people together; involve more people in a wide range of community activities; and are open to everyone. Grants are between £500 and £5,000. Phone before applying. Applications can be made at any time, and are processed within three months.

#### **Fair Share**

Pilot scheme run jointly with the Community Fund by and for disadvantaged communities in six areas which have not received their fair share of lottery funding. See NOF site for details.

### **Scottish Land Fund**

**01520 722988**

**[www.hie.co.uk](http://www.hie.co.uk)**

[hie.general@hient.co.uk](mailto:hie.general@hient.co.uk)

Contributes to sustainable development in rural Scotland by assisting communities to acquire, develop and manage local land and land assets. Administered by award partners, Highlands and Islands Enterprise and Scottish Land Enterprise. Open for applications to all of Scotland's rural communities. Organisations must have open membership and aim to hold or manage land, or land assets, for community benefit. Communities must control projects. Application forms available from SLF. No deadlines.

### **Transforming Waste**

**0131 226 6666**

**[www.transformingwastescotland.org.uk](http://www.transformingwastescotland.org.uk)**

£5.25m available for projects expanding community-based waste reuse, recycling and composting. Open for application until end of March 2005. See website for application details.

### **Transforming Your Space**

**0141 222 5630**

**[www.fresh-futures.org.uk](http://www.fresh-futures.org.uk)**

Fresh Futures is a Scottish funding body set up in 2001 to offer grants to community environmental projects. Funding for the various grant programmes they manage is from the New Opportunities Fund under the Green Space and Sustainable Communities programme and the Transforming Communities programme. £5.25m available for projects that will improve local

## Scotland-wide

environments, enabling communities to make them safer, healthier, greener, cleaner, better designed, more welcoming and accessible to all. Open for application until end of March 2005. Administered by Forward Scotland and Scottish Natural Heritage. See website for application details.

### Primary Care Volunteering Grants Fund

01786 479593

[www.vds.org.uk/volunteeringinhealth/grants1.htm](http://www.vds.org.uk/volunteeringinhealth/grants1.htm)

Contact Michelle Manzie

Encourages new volunteering initiatives in areas of primary care where volunteers are not conventionally involved e.g. GP practices and health centres. Designed to promote public sector participation in volunteering; increase partnership working and patient participation; promote healthy living and health gain; and reduce health inequalities. Administered by Volunteer Development Scotland.

### The Robertson Trust

0141 221 3151

[www.therobertsontrust.org.uk](http://www.therobertsontrust.org.uk)

[christine@therobertsontrust.org.uk](mailto:christine@therobertsontrust.org.uk)

Contact Christine Scullion

Supports a broad range of projects including care, education and health. No maximum or minimum award. No deadlines. Applications considered within three months. Also operates a small grants scheme (up to £3,000) for smaller groups on a one-off basis. Application by letter. Phone if you are seeking a major donation of over £50,000. See website for details.

### Scottish Community Action Research Fund

[www.communitiesscotland.gov.uk](http://www.communitiesscotland.gov.uk)

Stage 1 Funding: 0141 248 1964

[carolyn@scdc.org.uk](mailto:carolyn@scdc.org.uk)

Stage 2 Funding: 01463 711272

[scarf@communitiesscotland.gov.uk](mailto:scarf@communitiesscotland.gov.uk)

Co-ordinated by Communities Scotland and managed in partnership with the Scottish Community Development Centre (SCDC) to support community-led research. Communities can use the funding to carry out their own research; develop their knowledge about their community; and improve skills and community capacity.

Funds are available in two stages. Stage 1 provides funds of up to £1,650. Stage 2 provides funds of up to £10,000. Check the Communities Scotland website link under 'regeneration' for full details.

Research is often a good way to identify need in your community, and will help to support subsequent funding applications that address these needs.

### Scottish Community Diet Project

0141 226 5261

[www.dietproject.org.uk](http://www.dietproject.org.uk)

Distributes a limited number of small grants of up to £3,000 to local communities in Scotland working to tackle inequalities in diet and health. Grant scheme is launched in February of each year, and applications should be returned

to the SCDP by the end of May for assessment. Phone or see website for application form and further information.

### Scottish Community Foundation

0131 524 0301

[www.scottishcommunityfoundation.com](http://www.scottishcommunityfoundation.com)

[marian@scottishcommunityfoundation.com](mailto:marian@scottishcommunityfoundation.com)

Contact Marian Thomas

Makes grants from own funds, and administers funds on behalf of others.

**Individual Grants:** the Chase Youth awards and You and Your Community awards schemes are closed but under review for 2004. Check website for details.

**Community Grants:** aim to assist charities and groups improve the quality of life in Scotland (up to £5,000). Deadline for applications normally 31st December. Check website.

**The Women's Fund:** provides grants to organisations that are run by and for women as well as organisations which seek to support and empower women. Grants split into two categories: small fast track grants up to £1,000; and main grants up to £5,000. No deadline.

### Scottish Co-op

0141 304 5400

[www.co-op.co.uk/scotland](http://www.co-op.co.uk/scotland)

[linda.rae@co-op.co.uk](mailto:linda.rae@co-op.co.uk)

Contact Linda Rae

#### Community Dividend Scheme

Makes awards of around £5,000 to community initiatives within its trading area. This covers most, but not all, of Scotland (e.g. does not

include Edinburgh because Scotmid is the co-operative society which trades there). No deadlines. No funding for core costs. Decisions made by the local Co-op members' committee every two months.

### **Community Food Discount Card**

Community food initiatives likely to spend at least £50 per week can apply for a Community Food Discount Card giving a 10% discount at Scottish Co-op food stores.

### **Corporate Membership**

Community stores not run for private profit can apply for corporate membership of the Co-operative Group, allowing them to receive direct deliveries on the same terms as Co-op stores. Applications forms available on the Co-op website.

Contact Tor Justad 01463 717292  
tor.justad@co-op.co.uk

## **Scottish Executive**

**0131 244 3649**  
**www.scotland.gov.uk**  
viu@scotland.gsi.gov.uk

The Scottish Executive is responsible for services such as health, education, justice, rural affairs and transport. Funding is mostly administered through other bodies such as local authorities and Communities Scotland.

Local Authorities enter into **Local Outcome Agreements** with the Scottish Executive. For instance, Glasgow's Pathfinder focuses on children between 5-18 specifically on children living in families reliant on Income Support. Contact your Local Authority and ask them for details

of their local outcome agreements or contact Communities Scotland. See *A Guide to the Scottish Executive Grants for the Voluntary Sector* listed under Resources.

**Health Grants:** As part of the overall funding arrangements provided by the Scottish Executive, specific health grants are also available to national voluntary organisations engaged in health initiatives in Scotland, complementary to those required by statute. These can contribute towards the administrative costs of running the organisation headquarters and, occasionally, to fund specific innovative projects and capital needs.

Contact David Scott 0131 244 2540

## **Social Inclusion Partnerships**

**www.communitiesscotland.gov.uk**

SIPs are broad-based partnerships comprising the local authority and other public agencies such as local enterprise companies, local health boards and the voluntary and private sectors. There are 48 Social Inclusion Partnerships in Scotland of which 34 are area-based. The other 14 are thematic initiatives such as young adults and health. Communities Scotland is the government co-ordinating agency, and its website contains a list of SIP areas. If you are currently within a SIP area, the local partnership may be able to help you with funding and advice. The SIP programme is soon to finish and will be replaced by Community Planning Partnerships.

## **Unemployed Voluntary Action Fund**

**01383 620780**  
**www.uvaf.org.uk**  
uvaf@uvaf.co.uk

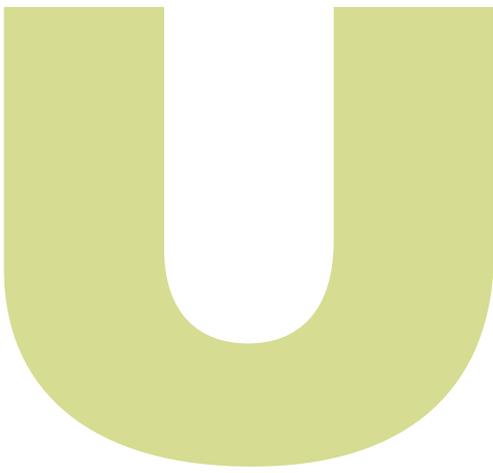
Runs a **small grant scheme**, Valuing Volunteers, for organisations with a constitution and volunteers. Will fund social, community development and health projects that involve volunteers. Grants of up to £5,000 a year. Deadlines twice a year at end of March and September. Main grant fund up to £31,000 per year over three years. Deadline at end of July.

**The ethnic minorities grant scheme** currently has three strands: a main grant of up to £31,000 per year over three years; a small grants scheme for a year's funding of up to £5,000 with 20 grants available each year; and a capacity building grant scheme of up to £2,000 per year for activities such as training, exchange visits and development planning. This scheme is under review. See website for latest developments.

## **Young Scot Action Fund (Post Office)**

**0131 313 2488**  
**www.youngscot.org**  
info@youngscot.org  
Contact Sarah-Jane Turnbull

Grants for 15-26 year olds in Scotland to take ideas and turn them into action. Grants of £200 and £750 are given out to individuals and groups respectively. Deadlines are normally every three months but they can fast track the process in emergencies. Applications can be made online.



## Payroll Giving

[www.inlandrevenue.gov.uk/  
payrollgiving](http://www.inlandrevenue.gov.uk/payrollgiving)

Payroll Giving, also known as Give As You Earn (GAYE), allows charitable donations to be deducted from an employee's gross pay before the calculation of tax. An employee authorises their employer or pension provider to deduct regular charitable donations to specified charities from their pay or pension. The employer then pays the donations to a Payroll Giving Agency approved by the Inland Revenue. The Payroll Giving Agency adds (until April 2004) an additional government 10% top-up to the donation and distributes the money to the charity or charities selected.

Scottish Council for Voluntary Organisations (SCVO) runs Give As You Earn in Scotland.

Contact Andy Stewart on 0131 474 6172

See website above for a full list of accredited agencies and the IR payroll giving tool kit.

## BT Community Connections

[www.btcommunityconnections.com](http://www.btcommunityconnections.com)

Awards internet-ready PCs to individuals and groups planning to make a positive impact on their community. Process is being reviewed with a view to launching the next round in 2004. Also supports company personnel volunteering for community initiatives. See [www.bt.co.uk](http://www.bt.co.uk)

## Camelot Foundation

020 7828 6085  
[www.camelotfoundation.org.uk](http://www.camelotfoundation.org.uk)  
[info@camelotfoundation.org.uk](mailto:info@camelotfoundation.org.uk)  
Contact Julie Gilson

Transforming Lives, launched in 2002, has £2 million per year from the Camelot Group plc. Supports work aimed at bringing marginalised young people into the mainstream of UK life. Application form on website.

## Charity Bank

01732 520029  
[www.charitybank.org](http://www.charitybank.org)  
[enquiries@charitybank.org](mailto:enquiries@charitybank.org)  
Contact Mark Howlin

Set up for the charity sector. Offers loans or guarantees from £5,000 up to £250,000 for projects that the banks are either unwilling to consider, or when their terms are too onerous. Also offers a brokering service for loans in excess of this amount. Loans are generally for periods from three months to ten years. Mortgage loans may run up to 20 years. Application form on website.

## Comic Relief

020 7820 5555  
[www.comicrelief.org.uk](http://www.comicrelief.org.uk)  
[ukgrants@comicrelief.org.uk](mailto:ukgrants@comicrelief.org.uk)

During 2003-2005 will give funding under the following programmes: Supporting Young People; Fighting for Justice; Domestic Abuse; Refugees and Asylum Seekers; and Local Communities Working For Change, the last of which states that it is seeking **to fund food support schemes**. Fast track grants for up to £5,000 available to organisations with an annual turnover of less than £100,000. No deadlines, but will not accept applications after 7 July 2004. Grants over £5,000 available to organisations of any size. Maximum under Local Communities Working For Change is £10,000 per year for two years. See website for full programme details and application forms.

## Community Fund

0870 240 2391  
[www.community-fund.org.uk](http://www.community-fund.org.uk)  
[enquiries.scotland@community-fund.org.uk](mailto:enquiries.scotland@community-fund.org.uk)

Aims to give grants mainly to groups that help meet the needs of those at greatest disadvantage in society, and also to improve the quality of life in the community. An organisation does not have to be a registered charity to apply for grant, but it must be set up for charitable purposes. (The New Opportunities Fund will merge with the Community Fund in 2005.) Runs several grants programmes:

**Grants for large projects:** for groups whose total project costs more than £60,000 (or more than £30,000 if it involves property).

**Grants for medium-sized projects:** for groups whose total project (not just in one year) costs less than £60,000, or the total cost of any building construction or refurbishment work is less than £30,000.

**Research grants:** funds high quality medical and social research into health and social well being.

Application forms and useful notes on preparation available on website.

## The Co-op

**0161 829 4315**

**[www.cis.co.uk](http://www.cis.co.uk)**

[jean.mills@cis.co.uk](mailto:jean.mills@cis.co.uk)

Contact Jean Mills

## Community Grants Scheme

A separate community grants scheme is operated by CIS Insurance, part of the Co-operative Group. No deadline. Grants are usually between £1,000 and £2,000 and are designed for small community groups. Phone for an application form. (see also Scotland-wide Co-op listing)

## Co-operative Action

**0161 834 1212**

**[www.co-operativeaction.coop](http://www.co-operativeaction.coop)**

[info@co-operativeaction.coop](mailto:info@co-operativeaction.coop)

Contact Simon Purkiss

Offers larger grants (between £5,000 and £200,000) and loan finance to co-operative and community initiatives with UK-wide potential which are incorporated as Industrial and Provident Societies or Limited Companies. Quarterly deadlines for applications.

## Esmée Fairbairn Foundation

**020 7297 4700**

**[www.esmeefairbairn.org.uk](http://www.esmeefairbairn.org.uk)**

[info@esmeefairbairn.org.uk](mailto:info@esmeefairbairn.org.uk)

Makes grants to organisations which aim to improve the quality of life for people and communities in the UK. Likes to consider work, under a number of broad programmes, which others may find hard to fund. Programmes include support for good management of woodlands, gardens and allotments; retail opportunities for local and organic food; and support for increased social independence and social enterprises. Average grant size is £33,528, but no maximum or minimum. No deadlines. Application form and guidelines on website.

## HBOS Foundation

**0845 673 2005**

**[www.hbosplc.com](http://www.hbosplc.com)**

Grants for projects that may include: helping voluntary and community groups become more effective and efficient; initiatives designed to encourage the involvement in the community of excluded people; working with people on low incomes or at risk from poverty or with problems finding accommodation; and improving the standard of local facilities and the local environment. Grants of up to £10,000. No deadlines. Decisions made at monthly meetings. Updating their site to make it more user friendly. Application form currently under policies/community relations section.

## Top dog wags tail

Most community organisations are adept at living with financial insecurity. They can spend a lot of time chasing down stopgap funders, losing sight of their mission as they seek to be all things to all people.

Knowetop Community Farm in Dumbarton took the bull by the horns. They devised a strategy that put their aims first, clarified their management structures, and identified themselves as providers of a service, not just to Dumbarton, but to the west of Scotland.

They now get school groups from as far away as Stirling, and have secured a raft of funders that include the Community Fund, their local Social Inclusion Partnership and councils in West Dumbartonshire and Argyll and Bute.

Success is breeding success. As they become recognised for running a well-planned and interesting project, more people want to become involved.

David Gallacher, the project manager, told us, "It's important to know where you are going and not to be seduced by inappropriate funding. Research funders, and listen carefully to what they have to say. Successful fundraising is about building relationships with organisations that believe in what you are doing."

## UK-wide

### **J Paul Getty Charitable Trust**

**020 7486 1859**

**[www.jpgettytrust.org.uk](http://www.jpgettytrust.org.uk)**

Gives funds under four main headings: social welfare; therapeutic use of the arts; conservation; environment. Most grants given to social welfare. Priority to projects which cover more than one beneficial area. Grants usually in the £5,000 to 15,000 range. Applications processed continuously. Process usually takes three months or more. Some small grants of up to £2,000 are also made between the quarterly trustee meetings. Application by letter. See website for details.

### **Landfill Tax Credit Scheme**

**[www.ltcs.org.uk](http://www.ltcs.org.uk)**

Probably the easiest way to access this scheme is via a D-EB. A D-EB is a distributive environmental body that helps others to access the landfill tax credit scheme. Many D-EBs are connected to a particular landfill operator. Others negotiate with a variety of landfill operators. As with landfill operators, D-EBs are free to establish their own criteria for funding. Search the website database to help you decide which D-EB to approach. They mostly fund projects that have some tangible benefit to the environment, for instance food-growing initiatives utilising unused ground.

### **The Lankelly Foundation**

**01235 820044**

**[www.lankelly-foundation.org.uk](http://www.lankelly-foundation.org.uk)**

Project areas include families and children, neighbourhood work and young people. Grants are always made for specific purposes but they may cover capital or revenue needs. Minimum grant is £5,000. Will consider revenue support for a maximum of five years, although three years is more common. No application form. Send letter. See website for details.

### **The Millennium Commission**

**[www.millennium.gov.uk](http://www.millennium.gov.uk)**

Stopped receiving income from the National Lottery in August 2001, and expects all grant work to be completed by 2006. Will leave behind a £100 million endowment – the Millennium Awards Trust. UnLtd (The Foundation for Social Entrepreneurs) has been selected to act as a trustee to continue the work of the Millennium Awards Scheme. See entry in this section.

### **National Heart Research Fund**

**0113 297 6206**

**[www.heartresearch.org.uk/lifestyle\\_grants.htm](http://www.heartresearch.org.uk/lifestyle_grants.htm)**

Lifestyle Grants programme supports lifestyle interventions in communities to prevent or reduce the risk factors of heart disease. Awards one-off grants from £1,000 to £10,000 or for the first year. To apply, send an email outlining your proposal that meets the guidelines provided with the application form. No closing date. Grants awarded twice a year in May and November.

### **The Nationwide Foundation**

**01793 655113**

**[www.nationwidefoundation.org.uk](http://www.nationwidefoundation.org.uk)**  
**[the.foundation@nationwide.co.uk](mailto:the.foundation@nationwide.co.uk)**

Makes awards of between £500 and £10,000 for volunteering and rural regeneration (to be reviewed for 2004). Applications are reviewed quarterly in April, July, September and December. Application forms available on website and assessed every two months. Check the website to see if your project fits their criteria. If it does, contact by phone for a reference number before sending your application.

### **Shell Better Britain Campaign**

Shell is carrying out a full review of this grant scheme and might announce a new scheme in 2004. In the past it has funded community action projects. Contact details currently not available.

### **Standard Life**

**0131 245 0518**

**[www.standardlife.com](http://www.standardlife.com)**

[community\\_involvement@standardlife.com](mailto:community_involvement@standardlife.com)

Community Involvement Department works throughout the UK on a broad range of projects. Current programmes include: giving in kind; working with public bodies; volunteering commitment team challenges; Standard Life Charity Fund; community secondments; and work life and community sponsorship. See website for full details.

### **Sure Start**

**0131 244 0253**

**[www.surestart.gov.uk](http://www.surestart.gov.uk)**

Contact Elena Groll

UK-wide fund, administered in Scotland by local authorities to give young children a positive start in life. Sure Start Scotland is the responsibility of the Children and Families Division within the Children and Young People Group of the Scottish Executive. Phone to find out the name of the Sure Start programme manager in your area.

### **Tesco Charity Trust**

**01992 646768**

**[www.tesco.com](http://www.tesco.com)**

Contact Jane Brady

Offers small grants for the benefit of local community projects whose core work supports the welfare of children, elderly people and people with disabilities, and which are based in areas where Tesco has stores. Grants are for between £1,500 and £2,000. Brief details should be sent to the Trust. Application forms will then be sent out.

### **The Tudor Trust**

**020 7727 8522**

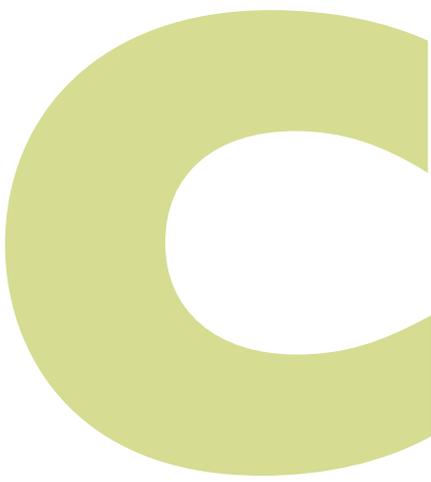
**[www.tudortrust.org.uk](http://www.tudortrust.org.uk)**

Supports a wide range of social and community projects. Reviews its criteria every six months. Considers applications for core costs, project costs, building and equipment costs, and any other costs crucial to your work. Funding may initially be for a period of up to three years. Majority of grants are between £10,000 and £100,000 (nothing under £1,000). See website for latest details. No application form.

### **UnLtd (Foundation for Social Entrepreneurs)**

**[www.unltd.org.uk](http://www.unltd.org.uk)**

Aims to support and develop the role of social entrepreneurs as a force for positive change. Provides awards to social entrepreneurs, researches the impact of social entrepreneurs on society and administers a Social Venture Fund. Selected by the Millennium Commission to administer the new Millennium Awards Trust.



### Eating big business for breakfast

Ged Quirk, Community School Development Officer working at Kincaidston Community School, noticed that his local Safeway threw away perfectly good food each week. He decided to speak to the manager about an idea he had to start up a school breakfast club. Safeway agreed to donate £20 worth of shopping every week to the club, and also allowed it to run a yearly bag-packing fundraiser at the store. In return, Ged and the kids make sure they mention Safeway, which is happy with the positive publicity. The local Health Board is also a partner in the scheme.

The breakfast club is now an integral part of the school day; and the kids get regular visits from a dietician and twice-weekly sports coaching to make the links between food, activity and health.

Getting the club going was not so easy. There were health and safety issues about food hygiene, and Ged has now introduced training for staff which includes a food hygiene certificate. As the programme expands to other schools, Ged says that he is looking at working with existing school caterers to deliver the clubs to some of his schools, to overcome some of the red tape, and to put less stress on parental volunteering.

### Abbey Charitable Trust

0870 608 0104  
[www.abbey.com](http://www.abbey.com)

Helps good causes in communities local to their branches. Donations are normally less than £1,000, but up to £20,000 may be granted from the trust's Major Donation Programme. Priority areas are equality of opportunity for disabled people; and training and employment for disadvantaged groups. Priorities are being revised for 2004. Check website under 'corporate/community' for latest details. No application form.

### The Coalfields Regeneration Trust

[www.coalfields-regen.org.uk](http://www.coalfields-regen.org.uk)

West of Scotland 01290 420262  
Contact Ian McCormack  
East of Scotland 01259 272127  
Contact Yvonne Lord

Set up to invest in the regeneration of former coal mining areas. Funds a wide range of projects. Current funding ends in March 2004. However, there is one year of transitional funding to March 2005. Phone for details.

### Direct Grants

0141 221 0030  
[www.scvo.org/direct\\_grants](http://www.scvo.org/direct_grants)

Direct Grants fund is run by SCVO, and funded through the global grants budget of the Scottish European Social Fund Objective 3 Programme and supported by Communities Scotland and the Scottish Enterprise Network. Can provide up to £15,000 for new activities by voluntary and community groups active in northeast, central and southern Scotland. Application form on website.

### Local Authorities

Local Authorities can be a good source of support and information for local community projects. Each authority has its own website with details of local councillors. See also Dundee City Council Funding Factfile website (in Resources) which lists possible funders.

### Local Enterprise Companies

[www.scottish-enterprise.com](http://www.scottish-enterprise.com)  
[www.hie.co.uk](http://www.hie.co.uk)

Local Enterprise Companies take a broad interest in their operational areas. Primarily interested in economic growth, but that includes new voluntary organisations and projects that will add to the economic diversity of an area, as well as cultural issues. Skye and Lochalsh Enterprise, for instance, operates a Small Communities Project Scheme which will fund up to 40 percent of projects, and 50 percent if they address youth issues or Gaelic development. Phone to find out the types of funding and training offered in your area.

### Marks and Spencer Community Involvement Programme

020 7935 4422  
[www.marksandspencer.com/the\\_company/ourcommitmenttosociety/community](http://www.marksandspencer.com/the_company/ourcommitmenttosociety/community)

Grants to projects on health, education and safety. Favours applications which encourage communities to be proactive. Grants are normally between £1,000 and £10,000 and are awarded quarterly. See website for application form and criteria.



Applying for European funding can be complicated. If you think your project is eligible, contact your area partnership (listed below) and ask for advice on how to take your application forward.

For general information on the European Union see [www.europe.org.uk/info/](http://www.europe.org.uk/info/) or [www.europa.eu.int](http://www.europa.eu.int)

For information on European regional policy see [www.europa.eu.int/comm/regional\\_policy/index\\_en.htm](http://www.europa.eu.int/comm/regional_policy/index_en.htm)

## Summary of European Structural Funds in Scotland

[www.scotland.gov.uk/esf](http://www.scotland.gov.uk/esf)

Organisations in every part of Scotland are eligible to apply for at least some of the Structural Funds. This depends on which of the three 'Objectives' applies in an area.

**Objective 1:** redevelops regions seriously lagging behind the EU average. Currently available in the Highlands and Islands under a Special Transitional Programme.

**Objective 2:** assists regions or areas affected by industrial decline and/or in the redevelopment of rural areas. Currently available in the west of Scotland, the south of Scotland and in parts of the east of Scotland.

**Objective 3:** helps improve the prospects of the long-term unemployed, young people and those who are socially excluded and also helps working people adjust to changes in the workplace. Available in all parts of Scotland outside the Highlands and Islands.

Funding is also available under Community Initiatives including the EQUAL Programme, Innovative Actions, LEADER+, URBAN II and INTERREG (which covers the Northern Periphery Programme, North West Europe Programme, North Sea Programme and Atlantic Area Programme). Information on all of these funds is available on the Scottish Executive European Structural Funds Division website.

There are four different European Structural Funds:

### European Regional Development Fund (ERDF)

One of the main funds in Scotland. Supports regional economic conversion and development and is available in Objective 1 and Objective 2 areas. Typical projects include those focusing on business development; economic development infrastructure; and economic projects in areas of particular need.

### European Social Fund (ESF)

Supports training and learning for people in work or looking for jobs particularly people who are long-term unemployed; young job seekers; and people excluded from the labour market. Also used to help people cope with the changes in the economy, and to ensure that businesses can find employees with the right skills for the future. ESF can provide up to 45% of the cost of a project.

The ESF will support five activities between 2000 and 2006:

- raising employability
- addressing social exclusion
- lifelong learning
- supporting development of skilled, competitive and entrepreneurial workforce
- addressing gender imbalance.

# European

## **European Agriculture Guidance and Guarantee Fund (EAGGF)**

Supports rural development and is only available in the Highlands and Islands Special Transitional Programme Area.

## **Financial Instrument for Fisheries Guidance (FIFG)**

Supports the adaptation of the fishing industry and its communities and is only available in the Highlands and Islands Special Transitional Programme Area.

Five Programme Management Executives (PMEs) operate at a regional level in Scotland, working in partnership with local organisations to deliver the five programmes:

### **East of Scotland European Partnership**

01383 622537 [www.esep.co.uk](http://www.esep.co.uk)

### **Highlands & Islands Partnership Programme**

01463 228900 [www.hipp.org.uk](http://www.hipp.org.uk)

### **Scottish ESF Objective 3 Partnership**

0141 582 0400 [www.objective3.org](http://www.objective3.org)

### **South of Scotland European Partnership**

01387 251360 [www.sosep.org](http://www.sosep.org)

### **The Strathclyde European Partnership**

0141 572 4400 [www.wsep.co.uk](http://www.wsep.co.uk)

Projects funded on a competitive basis, and judged against a range of economic and social criteria. Strong emphasis on two main themes: sustainable development and equal opportunities. The PMEs above can provide advice on all aspects of the application process. See websites for application details.

## Adventurous liaisons in Lochaber

Successful projects are often imaginative solutions to more than one problem. Voluntary Action Lochaber (VAL), in association with sister organisations in Caithness and Badenoch and Strathspey, noticed that whilst local communities were suffering ill health, partly related to poor diet, at the same time local food producers were finding it difficult to sell their fresh produce to local people. In Lochaber, the Food for Thought initiative works with both these groups. By providing community awareness training on health issues related to food and through a series of Community Food Next Step workshops, the project is finding ways to improve the local diet and

introducing communities to local produce.

Funding was sourced through the New Opportunities Fund, and match funding was found locally by each of the three Voluntary Action groups. In Lochaber, VAL identified the Leader + Whelk programme (ERDF) and the local Health Board as match funders. Margaret Colyer, project manager with VAL, advises fundraisers to, "use local contacts, think outside the box and keep your ear to the ground". A good relationship with the local health board has allowed her to access quality informal advice, and obtain funding flexibility that has kept the project on schedule.

# R

## Resources

### Websites

#### Access Funds

[www.access-funds.co.uk](http://www.access-funds.co.uk)

Provides up-to-date information on sources of funds for the charitable and non-profit sector. Aims to provide the latest funding information from central government; the Lottery; devolved governing bodies; EU and quangos. Includes information on the latest funding initiatives.

#### Charitynet.org

[www.charitynet.org](http://www.charitynet.org)

Online resource which brings together the websites of non-profit organisations and their service providers across the world.

#### Directory of Social Change

08450 77 77 07

[www.dsc.org.uk](http://www.dsc.org.uk)

Helps voluntary and community organisations become more effective. Runs training courses and publishes books on fundraising, management, trustees and finance (see online bookshop). Includes useful links to other funding websites including [www.trustfunding.org.uk](http://www.trustfunding.org.uk) which lists grant giving trusts.

#### Dundee City Council Funding Factfile

[www.dundeeecity.gov.uk/funding/factfile.htm](http://www.dundeeecity.gov.uk/funding/factfile.htm)

Aims to demystify the fundraising process for voluntary and community organisations. Contains detailed lists of grant giving trusts, tips on preparing funding applications and it's free, unlike most other trust finding resources!

#### FunderFinder

[www.funderfinder.org.uk](http://www.funderfinder.org.uk)

Develops and distributes software to help individuals and not-for-profit organisations in the UK to identify charitable trusts. If you can't afford your own copy, contact your nearest local advice agency which may be able to provide access. You can view a demonstration of the software at the website. Also contains useful links to most major trusts.

Free downloadable software: Budget Yourself and Apply Yourself are available on the FunderFinder site.

#### Funders Online

[www.fundersonline.org](http://www.fundersonline.org)

Portal to grant giving foundations in Europe. Organised by the European Foundation Centre Orpheus Programme. Funders Online directory is searchable by name, country and types of support provided. Contains useful information on preparing applications. Free.

#### Fundraising on the Net

[www.volresource.org.uk/services](http://www.volresource.org.uk/services)

Lists web-based fundraising information sources and services and ways to raise funds online from commission.

#### Grants Online

[www.grantsonline.org.uk](http://www.grantsonline.org.uk)

Access to information on grants from the European Union, UK Government, the Lottery and UK grant making trusts. Subscription service.

#### Allotments

Are you or your group interested in an allotment? If so, the best thing to do is to contact your local council which should have a list of allotments in your area.

Alternatively, visit a local allotment garden and ask whoever is there for the name of the allotment secretary. You can then write to them and ask to go on their waiting list. Many allotment associations are looking for new members and you may get a plot straight away.

Allotments don't cost much to rent. You can sometimes join as a group rather than an individual. Groups make light work of digging and your allotment could be the focus of your food project. You won't save much money but it is sociable, healthy and fun.

#### Useful websites

[www.sags.org.uk](http://www.sags.org.uk)

Scottish Allotments and Gardens Society

[www.nsalg.demon.co.uk](http://www.nsalg.demon.co.uk)

National Society of Allotment and Leisure Gardeners

[www.fedaga.org.uk](http://www.fedaga.org.uk)

Federation of Edinburgh and District Allotments and Gardens Association

[www.farmgarden.org.uk](http://www.farmgarden.org.uk)

Federation of City Farms and Community Gardens

# Resources

## Organisations

### Scotland's Health on the Web

[www.show.scot.nhs.uk](http://www.show.scot.nhs.uk)

Portal for hundreds of health-related member sites. To find out more about how the NHS works in your area visit this website. NHS local health promotion departments can often access funds to support projects. If not, they may have/know of other resources such as posters, recipe books and advice from health professionals.

### UK Fundraising

[www.fundraising.co.uk](http://www.fundraising.co.uk)

Resource for UK charity fundraisers and the fundraising industry. Register at the website for a regular email copy of their free fundraising newsletter. Includes an online bookshop listing fundraising titles.

### Workwithus.org

[www.workwithus.org](http://www.workwithus.org)

Portal for voluntary organisations working in Scotland, set up by SCVO. Information on how to auction goods and ask for donations. Acts as a host for Goodmoves, a voluntary sector recruitment advertising service: the place to advertise if you need a fundraiser. Most public libraries in Scotland provide free internet access and may also offer training.

### Charities Aid Foundation

01732 520000

[www.cafonline.org](http://www.cafonline.org)

International non-governmental organisation which provides specialist financial services to charities and their supporters. Aims to increase the resources of charities worldwide, and to help individual and corporate donors add value to their giving. Site has details of the CAF pay-as-you-earn scheme.

### Community Health Exchange

0141 248 1990

[www.chex.org.uk](http://www.chex.org.uk)

Resource for communities which promote and support community development approaches in challenging health inequalities. CHEX-POINT Newsletter (quarterly) and CHEX-POINT Snippets (fortnightly e-group) share good ideas and highlight ways of dealing with problems and health inequalities. Facilitates a network of community health initiatives, and works to support them in developing good practice and in influencing health and social policies.

### Councils of Voluntary Services (CVS)

0131 556 3882

[www.cvsscotland.org.uk](http://www.cvsscotland.org.uk)

Over 60 local independent CVS in Scotland provide a wide range of support services to voluntary organisations and volunteers. Provide practical advice and contacts, training courses, access to networks and funding information. Useful resource for any new or established voluntary group. Website gives contact details for each CVS.

### The Food Standards Agency Scotland

01224 285100

[www.food.gov.uk/scotland](http://www.food.gov.uk/scotland)

Committed to improving food safety and standards in Scotland and protecting the health of Scotland's population. See website for full details, including information leaflets on food hygiene and advice for caterers.

### Grounds for Learning

01786 445922

[www.gflscotland.org.uk](http://www.gflscotland.org.uk)

School grounds charity for Scotland. Develops and offers everyone connected with education in Scotland a programme of advice, contacts, programmes and lists of funding opportunities tailored for Scottish schools and curricula.

### **Health Scotland (NHS)**

**0131 536 5500**

**[www.hebs.com/healthscotland](http://www.hebs.com/healthscotland)**

New health promoting agency created in 2003 by bringing together the Public Health Institute of Scotland (PHIS) and the Health Education Board for Scotland (HEBS). Provides a national focus for improving health and a programme of courses and conferences on sources of information and support for continuing professional development (some free of charge). Library and information on public health data, evidence, workforce issues and networks.

### **Healthy Living Campaign**

**0845 2 78 88 78**

**[www.healthyliving.gov.uk](http://www.healthyliving.gov.uk)**

Find out what the campaign is about, and locate healthy eating-related activities in your area. Site contains a quiz to help you assess how healthy your diet is; top tips on healthy eating; recipe and meal ideas; the opportunity to email an expert with your queries about healthy eating; or to check their frequently asked questions for an answer to a query. You can also order a healthy eating pack and other information.

### **One Plus**

**0141 333 1450**

**[www.oneplus.org](http://www.oneplus.org)**

Provides services to benefit one parent families including advice, information and group support; learning, training and employment opportunities; childcare and social care services; developing new services; and policy work. Based in the west of Scotland.

### **Positive Action in Housing**

**0141 353 2220**

**[www.paih.org](http://www.paih.org)**

Works with communities and housing providers in Scotland to enable everyone to have a chance to live in good quality, affordable and safe housing, free from discrimination and the fear of racial harassment and violence. Directory of contacts, training opportunities and room hire for meetings.

### **The Scottish Out of School Care Network**

**0141 564 1284**

**[www.soscn.org](http://www.soscn.org)**

Represents out of school care and school-aged childcare in Scotland. Offers advice, support and information to childcare providers, parents, development workers and other organisations working within the sector.

### **Scottish Community Development Centre**

**0141 248 1924**

**[www.scdc.org.uk](http://www.scdc.org.uk)**

Partnership between the Community Development Foundation and the University of Glasgow. Co-hosts a number of programmes including CHEX and SCARF (see Scotland-wide section) designed to assist communities evaluate and set their own agendas.

### **Scottish Council for Voluntary Organisations**

**0131 556 3882**

**[www.scvo.org.uk](http://www.scvo.org.uk)**

Umbrella body for voluntary organisations in Scotland, with offices in Edinburgh, Glasgow and Inverness. Provides grants, training and information. Online bookshop listing fundraising and other useful titles. See also Direct Grants in the Communities section.

### **Volunteer Development Scotland**

**01786 479593**

**[www.vds.org.uk](http://www.vds.org.uk)**

Works strategically and in partnership to promote, support and develop volunteering in Scotland.

### **ChildcareLink**

**08000 96 02 96**

**[www.childcarelink.gov.uk](http://www.childcarelink.gov.uk)**

Comprises the ChildcareLink website, a national information line (above), and details of local Children's Information Services (CIS). CIS provides face-to-face or phone advice on all aspects of childcare.

### Publications

There are many books on fundraising and grant giving trusts. The Scottish Council for Voluntary Organisations [www.scvo.org.uk](http://www.scvo.org.uk) and the Directory of Social Change [www.dsc.org.uk](http://www.dsc.org.uk) publish a range of books. These are listed on their websites. Below are some of the more useful reference books. Check with local advice centres to see if they have copies.

#### **Directory of National Voluntary Organisations in Scotland**

Out of print but available on the SCVO website. Contains details of over 500 voluntary agencies from small self-help groups to well established charities.

#### **Scottish Grant Making Trust Directory**

Out of print but available on SCVO website. Contains details of over 500 trusts, which are based in Scotland or give priority to applications from Scottish groups.

#### **A Guide to the Scottish Executive Grants for the Voluntary Sector**

Available from [www.scotland.gov.uk/publications](http://www.scotland.gov.uk/publications) or the Stationery Office Bookshop 0870 600 5522

#### **A Guide to Scottish Trusts 2002/2003**

Provides comprehensive coverage of trust giving in Scotland, with independent analysis and commentary.

ISBN: 1 903991 08 0, 224 pages, DSC

#### **The Guide to UK Company Giving 4th Edition**

Contains information for voluntary and community organisations seeking to raise money or win support from companies.

ISBN: 1 903991 02 1, DSC

#### **How to Raise Funds**

##### **A Guide for Scottish Voluntary Organisations**

Explores some common misconceptions, sets out what you need to have in place before you start, and contains practical exercises and detailed guidance to help you plan for fundraising. Also information on specific sources of funding; guidance on how to research funders; and what to do once you get the money.

ISBN: 1 870904 92 3, 2001, 90 pp, SCVO

#### **European Funding and Scotland**

##### **A Guide to the Funding Process, 5th Edition**

Provides brief summaries of the various relevant EU schemes: type of measure, eligibility criteria, budget, duration, local contact and examples of previous successful Scottish projects.

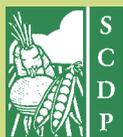
Available online at [www.europe.org.uk/info/](http://www.europe.org.uk/info/) from the publications department of Hall Aitken at [www.hallaitken.co.uk](http://www.hallaitken.co.uk) or phone the European Commission Representation in Scotland on 0131 225 2058 for printed copies.

#### **A Rough Guide to Developing and Managing Scottish ESF Objective 3 Projects**

Provides practical assistance to voluntary organisations involved in the development and delivery of Objective 3 projects. Free from SCVO offices or £4.50 to cover postage and packing direct from SCVO publications. Contact Rhonda McLean at SCVO Edinburgh office on 0131 556 3882 or SCVO Glasgow office on 0141 225 8000.

2001, 112 pp, ISBN: 1 870904 93 1

Your local library may also have or be able to order useful publications.



## **Scottish Community Diet Project**

**Supporting local communities tackling inequalities in diet and health**

Scottish Consumer Council, Royal Exchange House,  
100 Queen Street, Glasgow G1 3DN

Tel: 0141 226 5261 Fax: 0141 221 0731

[www.dietproject.org.uk](http://www.dietproject.org.uk)

Reports, back issues of the newsletter, toolkits and information about the project are available from the SCDP website and team, Alice, Bill, Lucy and Lizanne.

Published by the  
Scottish Consumer Council  
ISBN 0-9546700-3-5  
Printed February 2004